

PALISADES SCHOOL DISTRICT

ADMINISTRATIVE REGULATION

APPROVED: July 2014

123.1-AR - CONCUSSION MANAGEMENT

In addition to all guidelines set forth in Board Policy #123.1 the Administration sets forth the following guidelines and procedures pertaining to Concussion Management.

1. Concussion education and ImPACT Testing
 - a. Concussion Education and ImPACT testing will be conducted at the end of the school year, early June, for the following school year.
 - b. Student-Athletes to be tested are all incoming 7th,9th,11th grade student-athletes (or current 6th,8th,10th grade students) and any new student-athlete to a particular athletic program
 - c. The opportunity to be ImPACT tested is opened to all middle school and high school aged students. Anyone interested in being tested are to register with the Director of Athletics and will be advertised
 - d. The high school auditorium and computer rooms should be used to accommodate everyone
 - e. Our ATC will have the responsibility to make sure those who missed taking the test will make arrangements with the ATC to have the test done.
 - f. All members of the coaching staff are highly encouraged to attend the Concussion Education piece of the workshop held in June for the Student-Athletes.
2. ALL members of the coaching staff are required to complete the 30 minute on-line concussion course
 - a. This is to be done annually prior to the start of their official practice
 - b. ALL coaches must submit a certificate of completion to the Director of Athletics prior to he/she can begin to coach on the official start date
3. ALL Student-Athletes and their parents must fill out the PIAA approved Comprehensive Physical form. The concussion information sheet is contained within the physical form
4. In the fall, A Concussion Education workshop will be offered to the community through the Palisades School District Evening School Program. (set a date, advertise, and pre-registration is required)
5. Athletic Trainer Certified (ATC) will be responsible to:
 - a. Oversee the return to play of an student-athlete who has sustained a concussion
 - b. Make sure that all necessary student-athletes have completed the ImPACT test
 - c. Communicate with the school nurse, parents, administration, guidance counselors, and coaching staffs when appropriate
 - d. Conduct ImPACT testing and assist coaches with it throughout the year